



Advanced Remedial · Sports · Swedish · Oncology · Reflexology · Therapeutic Massage
Pre & Post Natal Therapy · Reiki · Kinesiology & Traditional Sports Taping · Medical Acupuncture

Price List

All our appointments include a full consultation and in our Remedial & Sports, Advanced Remedial & Sports & Pre & Post Natal Therapy appointments, we do a full consultation, history and assessment from there, we can give you a treatment tailored to you.

Massage and Complementary Therapies

- Initial Appointment Advanced Remedial & Sports £50
- Follow Up Advanced Remedial & Sports £40
- Initial Appointment Remedial & Sports £45
- Follow Up Remedial & Sports £40
- Pre & Post Natal Therapy £40
- 90 Minutes Hot Stone; Relaxation; Full Body Massage £60
- 60 Minutes Hot Stone; Relaxation; People Living with Cancer; Full Body Massage; Combined Indian Head & Hopi Ear Candling; Therapeutic Massage; Reflexology £40
- 45 Minutes Neck & Shoulders; Reiki; £35
- 30 Minutes Indian Head Massage; Hopi Ear Candling; Therapeutic Massage £30
- 60 Minute Aromafacial, Hydrotherm/Pregnancy Hydrotherm Massages £45
- 30 Minute Aromafacial; Therapeutic Massage £35

Dietitian

- Initial Consultation £60
- Follow Up 60 Minute £50
- Follow Up 30 Minutes £35

Hypnotherapy

- Pain Management £60 per session
- OldPain2Go™ £140
- Hypnotherapy Gastric Band £240 for 5 sessions
- Clinical Hypnotherapy £60 per session
- Sports Psychology £60 per session
- Smoking Cessation £120

Discounts: We offer discounts to Blue Light Card holders, Veterans, Carers, NHS Staff, Emergency Service workers, Prison Officers and Carers. 20% off all treatments. *Must take work ID at time of appointment to qualify. Not available with any other discount.

We also sell Gift Vouchers up to any value.

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